

## BOOK REVIEW

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### **Book: Community And Public Health Nursing: A Call To Action**

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This article reviews the book *Community And Public Health Nursing: A Call To Action*, which targets nursing students and nursing educators. The book was published by VIVA Open Publishing, a consortium of Virginia's Academic Libraries, in 2024. All the authors are nursing faculty and work as Assistant Professors and Associate Professors at community colleges and universities across the state of Virginia, USA.

This book focuses on community health nursing roles, competencies, challenges, responsibilities, and opportunities for impact that are best considered through the lens of social justice. For nursing students, the authors emphasize the strategic role of community and public health nurses in improving healthcare for the state, nation, and world. For nursing educators, this textbook aims to fill a gap in the equitable distribution of knowledge by providing a contemporary and comprehensive community health textbook to reduce the costs associated with pursuing a nursing degree. It is designed to support educators in meeting educational goals and developing competencies.

The Information and resources for this textbook are drawn from a variety of reputable sources, including the World Health Organization, Centers for Disease Control and Prevention, state health departments, premier health-related journals, health textbooks, other open educational resources (OERs), and the authors' nursing faculty expertise.

In this textbook, the authors discuss Introduction to Community and Public Health Nursing and Chapter Overview, as well as an Index and Glossary. In the Introduction to Community and Public Health Nursing, the meaning of Public Health Nurse and Community Health Nurse, Major roles of Public Health Nurse, the structure of U.S. Department of Health and Human Services, the Purpose and Function of Health Departments, Level of Disease Prevention, Health Promotion, ANA Code of Ethics with many principles and theories including Social Justice theories are explained.

The foundation of Community and Public Health Nursing and Current Challenges and Community Issues are described in the Chapter Overview. The first section comprises nine chapters, and the next section consists of two chapters. Every chapter includes an Overview, Learning Objectives, Key Terms, Introduction, Nurse's role, Practice Applications with setting the scene and thinking about it, Additional Resources, and References. The first section, Foundation of Community and Public Health Nursing, consists of nine chapters and is as follows.

1. Chapter One- Community and Public Health Policy
2. Chapter Two- Health Disparities and Health Equity
3. Chapter Three- Social Determinants of Health and Vulnerable Populations
4. Chapter Four- Epidemiology
5. Chapter Five- Population Health
6. Chapter Six- Community Health Assessment and Evaluation

7.Chapter Seven- Community Violence and Violence Prevention

8.Chapter Eight- Emergency Preparedness

9.Chapter Nine- Trauma-Informed Care

Health Policy and Policy Development, Impacts of Policies on Community Health, Population Health Outcomes, Social Justice and Health Equity, Healthy People 10-year Plan, and the Nurse's Role in Community Health Advocacy are discussed in Chapter One. Chapter Two highlighted Health Equity, Inequities, Disparities, Research Framework for Health Disparities, and Impact of Health Disparities. This section is crucial for the Policy development of Health Disparity in Community Health.

Chapter Three is titled Social Determinants of Health, Preventive Mental Health, Geospatial Determinants of Health, Health Care Access and Quality, and Vulnerable Populations. Epidemiology is covered in Chapter Four. Therefore, these chapters are intended to implement the community goals of Healthy People 2030 by Health Promotion and Disease Prevention.

Population Health, Strategies, Benefits of the Population Health Approach, Population Health Programs, and Initiatives are discussed in Chapter Five. In Chapter Six, Community Health Assessment, Frameworks, and Tools are explained by the Social-Ecological Model and the Mobilizing for Action Through Planning and Partnerships (MAPP) Model. Therefore, applicable for Windshield and Walking Surveys in the Community.

Chapter Seven emphasizes Violence and Strategies to Combat Violence: Domestic Violence, LGBTQIA+ Violence, Gun Violence, Violence Against Children, and Human Trafficking, with an Intimate Partner Violence case scenario video. This chapter is proposed to prevent violence in the community.

In the Emergency Preparedness Chapter, the authors illustrate the Disaster Management Cycle, the Six Phases of a Disaster, Bioterrorism, and the Nurse's role in Disaster Management. The sources and types of Trauma, the Impact of Trauma, Trauma-Informed Care, Strategies, Barriers, and the Nursing Management of Trauma-Informed Care are briefly explained in the Trauma-Informed Care Chapter. Thus, the authors try to support community and public health nurses in the Management of Disasters.

The Current Challenges and Community Issues section describes two chapters: Chapter Ten, Mental Health, and Chapter Eleven, Current Topics. Regarding the Mental Health, Anxiety Disorders, Phobia-Related Disorders, Posttraumatic Stress Disorder, Depression, Bipolar Disorder, Schizophrenia, Suicide, and Self-Harm, with clinical signs and symptoms, causes, treatment, factors influencing the Mental Health, the Stigma of Mental Health, and also supportive in Mental Healthcare and Mental Health research in the community.

Chapter Eleven outlines interesting special topics such as Climate and Health, the Opioid Epidemic, Harm Reduction, Reproductive Healthcare, and Gender-Affirming Care. Thus, beneficial to nursing students in Gender-Affirming Care, Climate Justice, and Reproductive Healthcare.

To sum up, it offers practical teaching strategies to facilitate deeper understanding and classroom engagement. This book includes practice questions to reinforce key concepts, test critical thinking skills, and provide students with valuable practice in preparing for the Licensure Examination. This book responds to the American Nurses Association's call and petitions readers to ground their practice in the ethics and values that protect human rights, promote equitable health policy, and reduce disparities.

Therefore, I Recommend The Book Community And Public Health Nursing: A Call To Action, because this text combines short, easy-to-read chapters with accessible figures. A clear and friendly writing style aids not only nursing students but also public health bachelor students in easily memorizing, learning, and remembering concepts